

# Touchstones Project Theme: Renewal



When I go trout fishing, I carry everything I need for the day in my multi-pocketed vest and fanny pack. I begin at a place where a river crosses a road and hike upstream on an angler's path, fishing as I go. Soon I am alone, with only the stream and the rest of nature as my companions.

Fishing, I become one with my surroundings.

I move carefully and quietly. At times, I pause to feast on wild raspberries or blueberries, enjoy the mating ritual of dragonflies, or drink in the fragrance of spruce trees and moss. Often, I just relax on a smooth rock in the sun, awash with the sights, scents, and sounds of the place. I feel in complete harmony with myself and all creation. *Peg Thompson*

Reshaping life! People who can say that have never understood a thing about life—they have never felt its breath, its heartbeat—however much they have seen or done. They look on it as a lump of raw material that needs to be processed by them, to be ennobled by their touch. But life is never a material, a substance to be molded. If you want to know, life is the principle of self-renewal, it is constantly renewing and remaking and changing and transfiguring itself, it is infinitely beyond your or my obtuse theories about it. *Boris Pasternak*



## Join us in exploring Renewal

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